Sabbath School Lesson 8 | Nov 13-Nov 19
Sabbath School Lesson Notes Outline
"Choose Life"

A  The ability to choose.
     God forbade humans from eating a specific fruit, and told them about the consequences of disobeying.
     Adam and Eve chose death. They disobeyed and lost access to the tree of life (Genesis 3:22).
     Nevertheless, God intervened to avoid leaving the fate of humanity to the consequence of that decision. He conceived a plan to give us access to the tree of life through Jesus (Revelation 2:7; 22:2).

B  Middle ground.
     Is there middle ground? Can we be part of life and death at the same time? Can we just be neutral? Can we avoid making a stand, and therefore make no decision at all?
     John was very clear about this (1 John 5:12). Those who accept Jesus as their Savior have life. Those who doesn’t are dead (i.e. will suffer eternal death).
     Making no decision or postponing it is like choosing death. There are no more options.

C  Two options.
     The difference between life and death is determined by good (life) and evil (death). God’s offer is quite simple, He offers us one option: good and therefore life (Deuteronomy 30:15-16).
     Loving God gives us life. Death is the natural consequence of living apart from Him. Lucifer was the first being to choose death. We are all struggling between these two options since then.

D  An easy choice.
     In order to make conscious decisions, we should understand the consequences of each option. Therefore, God explained the consequences of obeying Him or disobeying Him to Israel (Deuteronomy 28).
     He also guaranteed them that He would always be willing to forgive them and give them a second chance if they ever disobeyed (Deuteronomy 30:1-3).
     On the other hand, making this decision is easy (Deuteronomy 30:11). God has loved us so much that it’s easy to love Him back, and to do what He likes in response (John 3:16).
     It’s also easy to know what God likes. It’s no mystery, as it’s been clearly written in the Bible.
The final decision.

- Worship is key in the Great Controversy. God is “a jealous God,” (Deuteronomy 5:9) so He does not accept sharing our worship with anyone or anything else.
- When we worship someone or something instead of God, we’re choosing evil and death. Worship is more than bowing before an image. Accepting the authority of people above God’s is also a matter of worship.
- This will happen in the End Time, when “the image of the beast” will impose an authoritative mark against the Law of God.
- However, this decision is not reserved to that moment. We must make the decision between worshipping God or leaving Him aside every day.

“THEREFORE CHOOSE LIFE” (Deuteronomy 30:19)