Skit/Play

Sticks and Stones May Break My Bones and Words Can Also Hurt Me

- facebook
- twitter
- email

Download PDF
Sabbath School
Summary
Words can hurt but they can also uplift. Every encounter we have with another human is an opportunity to witness about the goodness of God. We can do so with positive words. The words we speak can shift the atmosphere around someone's day. Let's endeavor to speak positively.
Program Aim
This program aims to help the congregation to rethink the effects of negative words on a person's life and to encourage persons to start using compliments and words of encouragements instead.
Scripture References
Proverbs 15:4, Proverbs 16:24, Proverbs 18:4
Theme Song(s)
286 Wonderful Words of Life
Program Audience
parents
married folks
ALL
Preparations and resources

6 persons for 3 different skits

Opening Song: 286 Wonderful Words of Life

Scripture Reading:

Proverbs 15:4 “Gentle **words** bring life and health; a deceitful tongue crushes the spirit.”

Proverbs 16:24 “Kind **words** are like honey–sweet to the soul and healthy for the body.”

Proverbs 18:4 “A person's **words** can be life-giving water; **words** of true wisdom are as refreshing as a bubbling brook.

Welcome:

Today we welcome each person into the house of the Lord. I would love your assistance in welcoming everyone. I ask that you please turn to the person next to you, find out their name, and give them a smile and a compliment or word of encouragement. If you are seated next to a visitor then you are asked to give both a compliment and a word of encouragement so they can feel doubly blessed. Please ensure you say their name so they know it is personal. End the line with Welcome to Gods house, May God continue to bless your life.

Opening Remarks:

There is a saying that has become popular that we have perhaps heard many times during our childhood. It goes like this: “Sticks and stones may break my bones but words will never hurt me”. Do you agree with this statement? Can words hurt?

The bible says in Proverbs 15:4 “Gentle **words** bring life and health; a deceitful tongue **crushes** the spirit.” When someone is crushed does it hurt? Oh yes it does.

Stay with me throughout this program as we examine the power of our words and our responsibility as Christians to ALWAYS uplift and NEVER put anyone down with our tongue.

Mission Story:

Suggestion: *Ask someone to testify of a time someone gave them a good word and it stuck with them and helped them*.

Secretary's Report:

And now we will have the Secretary's report.

Main Feature:

Short Skit #1:

There are two females named Nikki and Ellen, both women have not seen each other in a long time.

Enter two females

***Nikki**: Ellen is that you*

***Ellen**: Yes it's been a very long time, how are you and your beautiful family*

***Nikki**: Everybody is great! (Pause)Ellen I almost didn't recognise you, you've gained so much weight. Where are you going with all that weight?*

End Skit

Short Skit #2

Two male friends are chatting. Their names are Derval and Rohan

***Rohan**: Did I tell you about the amazing progress I've been making on my business?*

***Derval**: What did you say? I cannot hear you over that terrible haircut you have. It makes you look ugly. Did you pay your barber? If so, you should ask for a refund immediately!*

End Skit

Short Skit # 3

Mother and child

Child: *I am off to school mommy.*

Mother: *Did you finish your homework?*
Child: *No, I didn't understand it too well.*

Mother: *What do you mean you didn't understand it? Are you stupid?*

I am sending you to school to learn, not for you to tell me you don't understand.

Keep that up and you will become a worthless dunce like your father.

End Skit

Superintendents Remarks:

"Sticks and stones may break my bones but words will never hurt me." Is this statement true? Can words hurt?

How many of us have pensive flashbacks over the negative words and taunts that were uttered to us in our lifetime. Why then as Christians do we sometimes find humour in uttering negative words to someone else? Why is it so common place to insult someone and take no thought of what was said?

Every encounter we have with another human is an opportunity to witness about the goodness of God. We can do so with positive words. The words we speak can shift the atmosphere around someone's day and possibly their life. Do you know you can compliment someone and change the trajectory of their day positively?

Can you remember the feeling you had the last time someone offered you a compliment or an encouraging word? Was it a good feeling?

The bible says in Proverbs 12:18 says, the words of the reckless pierce like swords, but the tongue of the wise brings healing.

We are to guard the things we say. As Christians we should push ourselves to look for the good in others, speak positively and send someone along feeling better than they did before. Our words should bring healing to a soul in turmoil, to someone going through a tough time, to someone needing a friend.

How about speaking positivity into those we meet everyday? Let us re-evaluate the characters with a change in narrative.

Same characters enters

Short Skit #1:

Two females named Nikki and Ellen, both women have not seen each other in a long time

Enter two females

Nikki*: Ellen is that you*

Ellen*: Yes it's been a very long time, how are you and your beautiful family*

Nikki*: Everybody is great! (Pause) that color you are wearing looks exquisite on you and your skin is radiant. May God continue to bless your life.*

End Skit

Short Skit #2

Two male friends are chatting. Their names are Derval and Rohan

Rohan*: Did I tell you about the amazing progress I've been making on my business?*

***Derval**: I admire the thing you are doing with your business. You are inspirational and doing a great job. May God grant you increase in all territories!*

End Skit

Short Skit # 3

Mother and child

***Child:** I am off to school mommy.*

***Mother:** Did you finish your homework?*
***Child:** No, I didn't understand it too well.*

***Mother**: You are a very smart child, my love. When you get home this afternoon we will tackle it together. You can conquer it. Turn it over to Jesus and he will help you*

End Skit

Lesson Study:

We will now have our lesson study.

Closing Remarks:

The words you have gained weight is not a greeting, the words you are stupid should never be uttered by a Christian. The words you are ugly should never leave your lips. We know for a fact that Sticks and Stones may break our bones and words can also hurt me. As Christians, let us seek to build up our fellow men with words of compliments and encouragement and refrain from using words that will discourage and hurt.

Sabbath School is now adjourned until next Sabbath.

Tags
Courtesy
Kindness
Positive Words

powerful words

- Add new comment

Ruth woods (not verified), Nov 30 2019 - 6:55am
Thanks for the programs . We do enjoy

- Reply

Anonymous (not verified), Dec 07 2019 - 5:27am
SDA PROGRAM ON POSITIVE WORDS

- Reply

Permalink

Anonymous (not verified), Jan 07 2020 - 8:40pm
Thank you and I hope more Sabbath school program I will receive.

- Reply

Elisa (not verified), Jan 08 2020 - 9:40am
Thank you for the timely program.

- Reply

Sharon C Blake (not verified), Jan 08 2020 - 5:35pm
Quite interesting

- Reply

Dobuol Jock (not verified), Jan 10 2020 - 3:38pm
Thanks you so much for the update and God bless you

- Reply

Mrs. Nicola Lovelace (not verified), Jan 13 2020 - 7:43pm
Thank you so much for writing these Sabbath School programmes, they have helped me so much. May God continue to pour out his blessings upon you and your team. God bless

- Reply

Permalink

Jay (not verified), Jan 14 2020 - 3:24pm
Wonderful. well done

- Reply

Margaret Latouche (not verified), Jan 14 2020 - 11:58pm
I am delighted to receive that link Sabbath school program

- Reply

Sabbath school (not verified), Jan 18 2020 - 9:18am
Sticks and stones

- Reply

Margaret Latouche (not verified), Jan 31 2020 - 8:48pm
awaiting next sabbath school

- Reply

Tess welly (not verified), Feb 12 2020 - 4:10pm
Great progamme

- Reply

Perronet Hall Riley (not verified), Apr 28 2020 - 11:37pm
I love this program. I was truly blessed and I will definitely use it. The programs you're sending is a blessing.

- Reply

Lucy (not verified), Apr 26 2021 - 3:20pm
Beautiful encouraging program..thank you

- Reply

Janice (not verified), Jun 02 2023 - 10:17pm
Thanks for sharing this program will help me alot with my Sabbath School program. Grateful ?

- Reply

Permalink

Joseph (not verified), Jul 19 2023 - 3:48pm
Great Christian program...God bless everyone..

- Reply

Sharide (not verified), Sep 23 2023 - 2:08pm
I've been totally inspired by your programs. God's name be praised for using you all. Keep up the good work.

- Reply

Permalink
Your name
Comment
Save